

# New magazine answers need

By LJ Matheson  
Reporter Staff

To look within oneself is the concept behind a new magazine to be launched in January that will cater to those in the community who practice holistic lifestyles.

*Within Kingston Magazine* is a self-published magazine that will "motivate, inspire, and challenge ourselves and everyone around us so that we may expand our understanding of why we're here on this planet while celebrating and respecting the gift that each moment brings us in our day to day lives."

That's the goal of Kyle Hoobin and Vanessa Perry, co-publishers of the magazine.

"We want to provide a resource for learning about a holistic lifestyle," said Mr. Hoobin. They have gathered tons of information over the past six months.

"We want to present that information as it is related to the mind, body and spirit so that readers can maintain and improve their inner health and spiritual growth," Ms. Perry stated.

"Experience and savour the wisdom of many inspirational people in the community and throughout the world as they share their insights and unique gifts with all of us. Inspirational reading is an important part of a healthy life and strong community, and *Within Kingston* is honoured to act as your guide to so many wonderful resources that support this growth," they say.

It was a wild ride for them in three years ago. Neither knew the other, and both had similar fates in life. Each had issues to deal with and neither knew what steps to take to become more fulfilled in their daily lives. They each packed their meager belongings and headed to British Columbia. Little did they know that soon their lives and spirits would meet.

"The truth is completely unique," Mr. Hoobin said.



**A fresh start:** Kyle Hoobin and Vanessa Perry have launched a new magazine focusing on Kingston and the surrounding area. — Photo by LJ Matheson

"Everything had to fall apart before it felt right."

He grew up in Amherst view — a regular meat and potatoes kind of guy.

"I got involved in spirituality in high school but my personal goals were falling apart in my life and I needed to look for a deeper meaning as to why I was here."

He is a photo-journalism graduate from Loyalist College in Belleville and became a weekend photographer for *The Kingston Whig-Standard*.

"Then during that time there was a shift in my life," he said, but found it hard to express the turmoil he was feeling. "I became more interested in the spiritual odyssey and so I moved to Vancouver and did some freelancing."

Along came Ms. Perry.

During Mr. Hoobin's time at Loyalist, Ms. Perry was enrolled in the animation program at St. Claire College in Windsor.

"In June of 2004, I was on a personal soul-searching mission. A car accident shook me up pretty badly when I was 18 and I realized that life can be taken so quickly and I needed to

understand how to best use my time and find out where I was going."

She spent her time at a corporate job, working for someone else, and didn't enjoy it because it wasn't creative enough for her... "so I packed up and moved."

For the following three years, Mr. Hoobin and Ms. Perry embarked on a soul searching journey on the west coast while planting themselves in the spiritual community.

They mingled with hippies and gurus and in March of 2006, something wonderful happened — they met.

"We were able to recognize that something very special had begun for the both of us. We didn't quite know what that was at the time, but as we moved forward together, we began to see that our backgrounds complemented one-another in many unusual ways. We soon discovered that our creative zest for life was matched by the other. It wasn't long before our desire to help expand self-awareness in ourselves and in others became the driving force in our lives," Ms. Perry said.

The magazine idea was

soon born.

After agreeing that their Vancouver-soul searching days were over, they packed up and drove back home to Kingston to begin implementing their dream.

*Within Kingston Magazine* combines life enriching stories with science-based articles to help inform readers about the mind, body and spirit.

Their first run of this bi-monthly 32-page magazine will circulate 8,000 copies. It is published by the 1000 Islands Publishers in Gananoque, where Mr. Hoobin is now employed as a graphic designer. "It's neat to see my magazine on screen and know that it will be in print very soon," he said.

They are looking for volunteer freelance writers, as well as people who would like to be featured in a basic directory listing or coming events section, both of which are free.

"It's quite affordable for a listing — about \$20 to \$30," said Ms. Perry. "We welcome feedback." For more information, go to their web site at [www.withinkingston.com](http://www.withinkingston.com) or email [info@withinkingston.com](mailto:info@withinkingston.com).